Fall 2023 • LISRA Game Day Cheat Sheet

| LIJSL |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | Duration | CR | AR | Team <br> Share |
| U17-19 | $2 \times 45$ | $\$ 110$ | $\$ 55$ | $\$ 110$ |
| U15-16 | $2 \times 40$ | $\$ 100$ | $\$ 50$ | $\$ 100$ |
| U13-14 | $2 \times 35$ | $\$ 90$ | $\$ 45$ | $\$ 90$ |
| U11-12 | $2 \times 30$ | $\$ 65$ | - | $\$ 32.50$ |
| U9-10 | $2 \times 25$ | $\$ 55$ | - | $\$ 27.5$ |


| ECNL |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | Duration | CR | AR | Team <br> Share |
| U17-19 | $2 \times 45$ | $\$ 90$ | $\$ 50$ | $\$ 90$ |
| U15-16 | $2 \times 40$ | $\$ 80$ | $\$ 40$ | $\$ 60$ |
| U13-14 | $2 \times 35$ | $\$ 70$ | $\$ 40$ | $\$ 55$ |
| U11-12 | $2 \times 30$ | $\$ 70$ | $\$ 40$ | $\$ 55$ |


| State Cup |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | Duration | CR | AR | Team <br> Share |
| U17-19 | $2 \times 45$ | $\$ 100$ | $\$ 60$ |  |
| U15-16 | $2 \times 40$ | $\$ 90$ | $\$ 50$ | $\$ 95$ |
| U13-14 | $2 \times 35$ | $\$ 80$ | $\$ 45$ | $\$ 85$ |
| U11-12 | $2 \times 30$ | $\$ 70$ | $\$ 40$ | $\$ 75$ |


| Tournament Elimination Rounds (OVER TIME) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | $\begin{gathered} \mathrm{LI} \\ \mathrm{Cup} \end{gathered}$ | $\begin{aligned} & \text { SOC } \\ & \text { /ACC } \end{aligned}$ | $\begin{aligned} & \text { NY } \\ & \text { Cup } \end{aligned}$ | KFM (Yards) |
| U15-19 | $\begin{aligned} & 2 \times 7 \\ & (\mathrm{GG}) \end{aligned}$ | $\begin{aligned} & 2 \times 15 \\ & \text { (Full)* } \end{aligned}$ | $\begin{gathered} 2 \times 10 \\ \text { (Full) } \end{gathered}$ | 12 |
| U13-14 | $\begin{aligned} & 2 \times 7 \\ & (\mathrm{GG}) \end{aligned}$ | $\begin{gathered} 2 \times 10 \\ \text { (Full) } \end{gathered}$ | $\begin{gathered} 2 \times 10 \\ \text { (Full) } \end{gathered}$ | 12 |
| U10-12 | $\begin{aligned} & 2 \times 5 \\ & (\mathrm{GG}) \end{aligned}$ | $\begin{gathered} 2 \times 10 \\ \text { (Full) } \end{gathered}$ | $\begin{aligned} & 2 \times 5 \\ & \text { (Full) } \end{aligned}$ | 10 |
| U09 | $\begin{aligned} & 2 \times 5 \\ & (\mathrm{GG}) \end{aligned}$ |  | $\begin{aligned} & 2 \times 5 \\ & \text { (Full) } \end{aligned}$ | 10 |

*SCO Only - U15 and above, only 7 substitutes eaxch half. KFM $=$ Kicks from the Mark, A/KJA Penelty Kicks • GG= Golden Goal

| NA EDP $\circ$ NY Cub $\circ$ CYL |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | Duration | CR | AR | Team <br> Share |
| U17-19 | $2 \times 45$ | $\$ 110$ | $\$ 55$ | $\$ 110$ |
| U15-16 | $2 \times 40$ | $\$ 100$ | $\$ 50$ | $\$ 100$ |
| U13-14 | $2 \times 35$ | $\$ 90$ | $\$ 45$ | $\$ 90$ |
| U12 | $2 \times 35$ | $\$ 65$ | - | $\$ 32.50$ |
| U11 | $2 \times 30$ | $\$ 55$ | - | $\$ 27.5$ |


| Elite 64 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | Duration | CR | AR | Team <br> Share |
| U17-19 | $2 \times 45$ | $\$ 100$ | $\$ 75$ | $\$ 126$ |
| U15-16 | $2 \times 40$ | $\$ 90$ | $\$ 65$ | $\$ 110$ |
| U13-14 | $2 \times 35$ | $\$ 80$ | $\$ 45$ | $\$ 85$ |
| U11-12 | $2 \times 30$ | $\$ 70$ | $\$ 40$ | $\$ 75$ |


| NEAL |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | Duration | CR | AR | Team <br> Share |
| U17-19 | $2 \times 45$ | $\$ 100$ | $\$ 60$ | $\$ 110$ |
| U15-16 | $2 \times 40$ | $\$ 90$ | $\$ 50$ | $\$ 95$ |
| U13-14 | $2 \times 35$ | $\$ 80$ | $\$ 50$ | $\$ 90$ |
| U11-12 | $2 \times 30$ | $\$ 60$ | $\$ 30$ | $\$ 60$ |


| Age | Players | Minimum | Ball Size | Referee Grace Period (IN MINUTES) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| U9-U10 | 7 | 5 | 4 |  | NYPL | $\begin{gathered} \mathrm{SOC} \\ \& \mathrm{ACC} \end{gathered}$ | LIJSL | $\left.\right\|_{\text {QNYCUP }} ^{\text {NYCLUB }}$ |
| U11-U12 | 9 | 6 | 4 | $\begin{aligned} & \text { No } \\ & \text { Call } \end{aligned}$ | 15 | 30 | 15 | 15 |
| U13-U19 | 11 | 7 | 5 |  | 30 | 60 | 30 | 30 |

## Notes

Conflicting Jersey: Home team must change Inclement Weather: Always use best judgment, MUST wait $1 / 2$ hour after last lightning strike

The line is placed equidistant between the top of the penalty area and the midfield line.

1. Players cannot be penalized for an offside offense between the build out lines.
2. The opposing team must move behind the build out line on a Goal Kick or when the goalkeeper (GK) is handling the ball.
3. Once the opposing team is behind the build out line, the GK can pass, throw, or roll the ball into play.
(No punting and drop kicking).
4. The opposing team can cross the build out line when: a. The GK passes, throws, or rolls the ball to a teammate who then touches the ball. b. On a Goal Kick when the ball has left the penalty area and touched by a teammate. c. The GK in possession of the ball with their hands drops the ball to the ground then touches it with his/her feet.
i. An indirect free kick will be awarded to the opposing team if the GK releases the ball and is not touched within 6 secs.
5. The GK may release the ball into play prior to the opposing team reaching the build out line (quick restart). Same rules as in point \#4 apply.
6. If the opposing team crosses the build out line before the rules in point \#4, the referee's will:
a. From Goal Kick

- Retake the Goal Kick.
b. From the GK possession or outside the penalty area - an IDK is awarded to the goalkeepers' team from the infraction.

7. If the GK punts the ball, an indirect free kick is awarded to the opposing team from the spot of the offense unless the punt occurs within the goal area box (6 Yard box) which the IDF kick is taken at a spot on the line at the top of the goal area box.

## Safety Concerns

- No Hard Casts
(LIJSL, LI Cup, NY Club JSS and NY CUP)
- Hard Casts Allowed with Referee Consent (all other leagues)
- No Earrings or Jewelry, cannot be covered
- No Heading U11 and younger

